

Dr Shamaila Manzoor

MBBS, MCPS (Anaesthesia), MSc Pain Medicine, MHPE, FHEA (UK)

Medical Educator | Assistant Professor of Medical Education | Anaesthetist

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PROFESSIONAL PROFILE

Medical educator and anaesthetist with over two decades of clinical and academic experience (MBBS 1997; MCPS Anaesthesia 2004). Currently **Assistant Professor of Medical Education** at AJK Medical College and **Head of Medical Education** at AJK Medical & Nursing College. Holds an MHPE and is a Fellow of the Higher Education Academy (UK). Expertise in curriculum development, innovative teaching and assessment, digital and blended learning, quality assurance and mentoring, supported by **13 peer-reviewed publications** in health professions education. Previously led anaesthesia, critical care and pain services, with hands-on experience in staff supervision, recruitment and project management.

CORE COMPETENCIES

- **Curriculum & Programme Development:** integrated curricula, clerkship design, blended and online learning
- **Assessment & Quality Assurance:** assessment design, programme quality, evidence-based improvement
- **Educational Research:** mixed-methods, survey and qualitative studies; instrument development
- **Faculty Development & Mentoring:** teaching-competency and educational-needs frameworks
- **Academic & Clinical Leadership:** departmental management, staff recruitment, project management

ACADEMIC & PROFESSIONAL APPOINTMENTS

Head of Medical Education March 2026 – Present
AJK Medical & Nursing College

Assistant Professor of Medical Education March 2021 – Present
Azad Jammu & Kashmir Medical College (AJKMC), Muzaffarabad

- Lead educational research, innovative teaching and assessment, quality assurance and mentoring
- Developed the CHPE course, SOPs for online classes and the junior clerkship programme

Head of Anaesthesia & Assistant Professor of Anaesthesia April 2015 – March 2021
Azad Jammu & Kashmir Medical College (AJKMC), Muzaffarabad

- Departmental leadership; teaching and assessment of undergraduate medical students

Head of Anaesthesia Department September 2012 – March 2021
AIMS Hospital

- Additionally served as Chief Anaesthetist, Critical Care Manager and Pain Manager (2012–2021)

Supervisor, BS Anaesthesia Programme September 2012 – May 2021
University of Azad Jammu & Kashmir, Muzaffarabad

EDUCATION & QUALIFICATIONS

Master of Health Professions Education (MHPE) 2018 – 2020
RIPHAH International University, Islamabad

MSc Pain Medicine 2013 – 2015
RIPHAH International University, Islamabad

MCPS (Anaesthesia) 2002 – 2004
College of Physicians and Surgeons Pakistan

MBBS 1991 – 1997
Fatima Jinnah Medical College, Lahore, Punjab

FELLOWSHIP & PROFESSIONAL DEVELOPMENT

Fellow of the Higher Education Academy (FHEA), UK

Advance HE

2025

Advanced Course in Assessment

Uni Learn Med Ed

Nov 2022 – Apr 2023

Certificate in Online Digital Education (CODE)

University of Health Sciences (UHS), Lahore, Pakistan

Oct 2021 – Mar 2022

CURRICULUM & PROGRAMME DEVELOPMENT

- CHPE course, AJKMC
- Standard Operating Procedures (SOPs) for online classes, AJKMC
- Junior clerkship programme for undergraduate medical students

PEER-REVIEWED PUBLICATIONS

International Journals

1. **Manzoor S**, Minhas R, Gulzar Z, Sherwani B, Shahid N. Expectations and perceptions of medical students from a 4-week research module: a longitudinal cohort survey. *J Med Educ Curric Dev*. 2023;10:23821205231182609. doi:10.1177/23821205231182609
2. Rafi A, Anwar MI, **Manzoor S**, Anwar S. Drawing is an important tool to learn context-based histology in an integrated undergraduate medical curriculum. *J Taibah Univ Med Sci*. 2023;18(4):886–893. doi:10.1016/j.jtumed.2023.01.005
3. **Manzoor S**, Sajjad M, Anwar MI, Rafi A. Coping strategies adopted by medical residents in dealing with work-related stress: a mixed-methods study. *BMC Med Educ*. 2022;22:449. doi:10.1186/s12909-022-03520-6
4. Rafi A, Anwar MI, Younas A, **Manzoor S**. Paradigm shift in medical education due to the COVID-19 pandemic: guidelines for developing a blended learning curriculum in medical education. *F1000Research*. 2022;11:37. doi:10.12688/f1000research.74779.2
5. **Manzoor S**, Anwar I, Rafi A. Surviving tactics of medical interns countering long working hours: a systematic review. *J Women's Health Dev*. 2022;5:257–263. ISSN 2644-2884

National Journals

6. Nasir M, **Manzoor S**, Khan AA, et al. Assessment of teaching competency and educational needs among medical faculty using a competency-based framework. *Int J Pharm Res Technol*. 2026;16(2). doi:10.31838/ijprt/16.02.498
7. Naseem S, Hassan B, **Manzoor S**, et al. Comparison of simulation-based training and bedside teaching in enhancing clinical skill acquisition among medical students. *Int J Pharm Res Technol*. 2026;16(1). doi:10.48047/ijprt/16.01.252
8. Munir H, **Manzoor S**. Video-aided learning efficiency in elucidating physiological concepts using Kirkpatrick's model. *Pak J Physiol*. 2025;21(4).
9. Sabir F, Afzal Z, **Manzoor S**, et al. Risk factors of carcinoma breast and their changing trend. *Int J Pathol*. 2022;20(2):50–55.
10. **Manzoor S**, Atiq-Ur-Rehman, Kayani Z, et al. Death itself – students' perspective of Azad Jammu & Kashmir Medical College. *Pak Armed Forces Med J*. 2021;71(2):422–426.
11. Hassan KMB, Slehra AUR, Hassan TB, Sarwar S, Sheen IN, **Manzoor S**. Ultrasound dimensions of the tendons of rotator cuff muscles in Pakistani healthy male adults. *Pak Armed Forces Med J*. 2021;71(5):1529–1533. doi:10.51253/pafmj.v71i5.4285
12. Durrani M, Mehboob U, Inam Z, Haq I, **Manzoor S**, Khushbakht. A comparison of teaching by conventional method and by using cognitive theory of multimedia to postgraduate FCPS radiology students: a comparative study. *J Rawalpindi Med Coll*. 2021;25(1):159–164.
13. Kayani ZA, Gilani I, Mahboob U, Awan SL, **Manzoor S**. Instrument development for perceptions of medical teachers about integrated curriculum. *Int J Pathol*. 2021;19(2):58–63.

TEACHING, SERVICE & PROFESSIONAL ACTIVITIES

Peer Review	Reviewer, <i>Cureus Journal of Medical Science</i>
Committees	Lead, Assessment Wing (2021); Member, Curriculum Committee & Quality Enhancement Cell (QEC), since 2021
Mentoring	Mentor to Year 1 and Year 2 medical students
Supervision	BS Anaesthesia students, Batch 2014–18 and Batch 2016–20
Workshops	Faculty development facilitator: Mini-CEX, Standard Setting, Mentoring, Feedback, Reflection, Item Development
Conferences	ICHPE 2022; ICME 2019

CLINICAL & PROFESSIONAL SKILLS

- General, local, epidural and spinal anaesthesia
- Interventional pain management
- Academic research, counselling and general administration

PMDC Registration: No. 1287-AJK

REFEREES

Prof. Dr Rahila Yasmeen – Director Medical Education, Riphah International University, Islamabad, Pakistan

Dr Aisha Rafi – Professor of Anatomy, Shifa College of Medicine, Shifa Tameer-e-Millat University, Islamabad, Pakistan

Contact details available on request.